



# NOVEMBER 2020

## Young Toddler – School Age Menu

Substitutions and modifications  
**WILL BE MADE ONLY** for children whose disability  
 restrict their diet or have food allergies that result in  
 severe, life threatening anaphylactic reaction.

### Monday

Whole grain English muffin, pears, milk **2**  
**Waffles, sausage, tater tots, apples, milk**  
 Goldfish, fruit punch

Whole grain English muffin, pears, milk **9**  
**Pancakes, sausage, tater tots, apples, milk**  
 Goldfish, fruit punch

Whole grain English muffin, pears, milk **16**  
**Waffles, sausage, tater tots, apples, milk**  
 Goldfish, fruit punch

Whole grain English muffin, pears, milk **23**  
**Pancakes, sausage, tater tots, apples, milk**  
 Goldfish, fruit punch

Whole grain English muffin, pears, milk **30**  
**Waffles, sausage, tater tots, apples, milk**  
 Goldfish, fruit punch

### Tuesday

Bagel, apricots, milk **3**  
**Turkey burger on bun, french fries, fruit cocktail, milk**  
 Yogurt, whole grain cheerios, water

Bagel, apricots, milk **10**  
**Chicken and cheese quesadilla, corn, fruit cocktail, milk**  
 Yogurt, whole grain cheerios, water

Bagel, apricots, milk **17**  
**Pizza, cottage cheese, salad, fruit cocktail, milk**  
 Yogurt, whole grain cheerios, water

Bagel, apricots, milk **24**  
**THANKSGIVING LUNCH**  
**Turkey, corn, mashed potatoes, roll, pumpkin pie, milk**  
 Yogurt, whole grain cheerios, water

### Wednesday

Pumpkin bread, peaches, milk **4**  
**Popcorn chicken, whole grain butter bread, mashed potatoes, oranges, milk**  
 Pretzels, grape juice

Cinnamon bread, peaches, milk **11**  
**Whole grain grilled cheese, tomato soup, oranges, milk**  
 Pretzels, grape juice

Banana bread, peaches, milk **18**  
**Chicken nuggets, whole grain butter bread, mashed potatoes, oranges, milk**  
 Pretzels, grape juice

Blueberry bread, peaches, milk **25**  
**Fish sticks, whole grain butter bread, mixed vegetables, oranges, milk**  
 Pretzels, grape juice

### Thursday

Whole grain toast, mangos, milk **5**  
**Alfredo with chicken, green beans, tropical fruit, milk**  
 Cheese, crackers, water

Whole grain toast, mangos, milk **12**  
**Spaghetti, meatballs, green beans, tropical fruit, milk**  
 Cheese, crackers, water

Whole grain toast, mangos, milk **19**  
**Mac & cheese, baked beans, green beans, tropical fruit, milk**  
 Cheese, crackers, water

**CLOSED** **26**  
**FOR**  
**THANKSGIVING BREAK**  


### Friday

French toast sticks, pineapples, milk **6**  
**Whole grain sun butter and jelly sandwich, carrots, applesauce, milk**  
 Chex mix, apple juice

French toast sticks, pineapples, milk **13**  
**Whole grain turkey and cheese sandwich, salad, applesauce, milk**  
 Chex mix, apple juice

French toast sticks, pineapples, milk **20**  
**Whole grain chicken bacon ranch wrap, cucumbers, applesauce, milk**  
 Chex mix, apple juice

**CLOSED** **27**  
**FOR**  
**THANKSGIVING BREAK**

Young Toddlers receive whole milk for meals where milk is listed.  
 Older Toddlers – School Agers receive 1% milk for meals where milk is listed.

**MY SCHOOL BUCKS** **PAY FOR MEALS ONLINE**  
